

Battery for Health Improvement - 2

The BHI 2 test can be used by psychologists, psychiatrists, anesthesiologists, neurologists, physical therapists, surgeons, rehabilitation specialists, and nurses to help:

- Measure the relationship among and impact of physical, environmental, and psychological factors on the patient's treatment
- Support evaluations for cases involving orthopedic, occupational, and auto injuries; workers compensation; and long-term disabilities
- Evaluate the patient's emotional readiness for surgery
- Facilitate physician-psychologist communication as well as communication within a multidisciplinary treatment team
- Assess the patient's readiness for vocational training or job placement
- Evaluate treatment effectiveness and monitor clinical outcomes

Key Features

- The objective information provided by the BHI 2 test can be used to help reduce treatment time, improve treatment planning, and improve the patient's quality of life.
- Requiring only 30-45 minutes to administer, the BHI 2 test helps measure numerous outcomes, including reduction of pain, improvement in function, and satisfaction with care.
- The BHI 2 test includes 31 Critical Items that draw attention to a wide variety of risk factors including:

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| Additional Concerns | Perceived Disability | Suicidal Ideation |
| Entitlement | Satisfaction with Care | Violent Tendencies |
| Pain Fixation | Sleep Disorders | |
- The Scale Summary section highlights the patient's significant scores and summarizes noteworthy findings.
- The Pain Complaints section uses a nationally standardized 1–10 pain scale, which assesses multiple dimensions of the pain experience, including level of pain in 10 body areas, pain tolerance, pain range, and peak pain.
- The Somatic Complaints section, available in the Enhanced Interpretive Report, helps guide the clinician to explore medical and psychological explanations for physical symptoms.
- The Diagnostic Probabilities section, available in the Enhanced Interpretive Report, provides a percentage (probability) that indicates how closely the patient's pain complaints match the pain complaints of patients with the same diagnosis.
- Within each scale, content areas help distinguish possible reasons for the patient's psychological or psychosocial problems. Presented in graphic format, this additional delineation helps further support the development of suitable treatment plans.
- Both interpretive reports include a Patient Summary, written in lay person's language, to help the clinician explain test results to the patient.

Scales

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| Validity Scales <ul style="list-style-type: none"> • Self-Disclosure • Defensiveness | Physical Symptom Scales <ul style="list-style-type: none"> • Somatic Complaints • Pain Complaints • Functional Complaints • Muscular Bracing | Affective Scales <ul style="list-style-type: none"> • Depression • Anxiety • Hostility |
| Character Scales <ul style="list-style-type: none"> • Borderline • Symptom Dependency • Chronic Maladjustment • Substance Abuse • Perseverance | Psychosocial Scales <ul style="list-style-type: none"> • Family Dysfunction • Survivor of Violence • Doctor Dissatisfaction • Job Dissatisfaction | |